

Rahini Yoga 500-Hour Teacher Training Application

I. Personal Information

Name _____

Address _____

City _____ State _____ Zip Code _____

Age _____ Date of Birth _____ Gender: M F

Home Phone _____ Business Phone _____

Business Phone _____ Email _____

Occupation _____

Emergency Contact Info: Name _____ Phone _____

Photos: Please Attach 2 Recent Passport Size Photos of Yourself

II. Yoga Related Information

1. Where did you receive your 200 Hour Certification?

2. Are you a Yoga Alliance Registered Yoga Teacher (RYT)?

3. Are you currently teaching yoga? If yes, please list the locations(s).

4. Describe any additional formal yoga and meditation training.

III. Health and Medical Information

1. Briefly summarize your health history. Include any physical or mental health conditions that might affect your study and practice of yoga (yoga postures; range of motion; balance; movement), pranayama (breathing), and meditation (concentration & focus).

2. Please list any medication(s) you are presently taking. List names / frequencies / dosages.

3. If you are presently under a doctor's care, please provide name and phone number.

IV. Tuition (Cost of Program)

Cost: \$3,600. Included in the cost are: Rahini Yoga Teacher Training Manuals, Code of Ethics' Booklet, Rahini Yoga Charts, and hand-outs that are distributed throughout the program

- Early Bird Discounts Available: Contact Naomi Miller at (631) 486-3843
- Payment Plans Available: Contact Naomi Miller at (631) 486-3843

Additional incurred expenses:

1. \$99 - for 10 Rahini Yoga Classes (discounted price; classes to be taken at "True Living Yoga")
2. \$99 - for 5 Meditation Classes (classes are given once a month at "True Living Yoga")
3. \$50 - for one-day Yoga Workshop (taught by Guest Teachers or Healers from India that visit "True Living Yoga" to give spiritual teachings / healing to students; open to the public)

The yoga and meditation classes and workshop are a required and essential part of the yoga teacher training program

V. Payment Method

Enclosed is \$ _____ for the _____ (write month) _____
(write year) Rahini Yoga Teacher Training Program

Check: Payable to "True Living Yoga".

Mail to: True Living Yoga, 268 Larkfield Road, East Northport, NY 11731

Credit Card # _____ **Expiration Date** _____

VI. Agreement

I understand that submission of this application does not necessarily mean that I have been accepted into the *500-Hour Rahini Yoga Teacher Training Program*. I also understand the admission decision is at the sole discretion of "**True Living Yoga, Inc.**" and is based upon satisfactory completion of the applicable requirements, and review of my yoga experience and qualifications to teach yoga.

Signature _____ Date _____

- For Refund / Cancellation Policy contact Naomi Miller at (631) 486-3843
- Allow at least two weeks to process your application. You will be notified by phone or email of your admission to the Rahini Yoga 500-Hour Teacher Training Program
- Yoga props are a required and are available for purchase at True Living Yoga